

The 2010 NPC MID-USA / NEW MEXICO STATE

BODYBUILDING, FIGURE & BIKINI CHAMPIONSHIPS

August 21, 2010

CONTEST LOCATION: New Mexico School of the Deaf - James A Little Theatre

1060 Cerrillos Road Santa Fe, New Mexico 87505

GUEST POSER: Dennis James

Host Hotel: Park Inn & Suites

2907 Cerrillos Road Santa Fe, New Mexico 87505

505-471-3000 or www.parkinn.com Mention NPC Mid USA for

Special Rates: \$59.00

Schedule: August 20, 2010, Friday Night Check in/Weigh in 6:00 pm at host hotel

Park Inn & Suites, 2907 Cerrillos Road Santa Fe, NM.

Contestants must bring their music and posing suits/trunks to weigh-in. Contestants music will be used only for the Finals. All music must be on a CD and must be clearly labeled with contestants name and specific track. Time limit 60-90 seconds for bodybuilding routine. **There will NOT be weigh ins on Saturday.**

August 21, 2010, Saturday 8:30 am check in, receive #'s and prepare.

Prejudging begins at 9:30 am

August 21, 2010 Finals Check-in at 5:30 pm, evening show begins at 6:30

Eligibility:

Open to any NPC athlete that is in good standing. Must have 2010 NPC Card. (2010 NPC cards will be available at weigh-ins August 20, 2010 for \$90.00) Teen, Masters competitors must have reached the age of the categories listed below on the day of contest. (Proof of age is required) Novice competitors are eligible only if they have never placed 1st-3rd in open class or 1st place Novice Division in any NPC sanctioned event. Contestants may enter more than one division, however, athletes will only pose once at the evening competition. To be eligible to compete in the New Mexico State division, you MUST provide proof of residency for at least 4 months prior to the contest.

Awards:

Mid USA & New Mexico - 1st – 5th in each Division. Men's and Women's Open Mid-USA Bodybuilding, Figure and Bikini Champions receive Overall Awards. Men's and Women's Open New Mexico State winners receive Overall Award.

Weight Classes:

Men's Open - Light Weight 154 ¼ and under

Middle Weight 154 ¼ - 176 ¼

Light Heavy Weight 176 ¼ – 198 ¼

Heavy Weight 198 ¼ and up

Men's Novice –

Light Weight 165 ¼ and under

Middle Weight 165 ¼ - 187 ¼

Heavy Weight 187 ¼ and up

Women's Open & Novice –

Light Weight 118 and under

Middle Weight 118 – 132

Heavy Weight 132 and up

Women's Figure – Height Classes will be used & Age for Masters

Women's Bikini – Height Classes will be used & Age for Masters

2010 MID-USA / NEW MEXICO STATE ENTRY FORM

Entry Fee:

Entries postmarked prior to August 9, 2010, \$55.00 per division entered. An Additional \$45.00 late fee for each entry post marked After August 9, 2010
NO REFUNDS< NO EXCEPTIONS.

PLEASE FILL OUT THE APPLICATION BELOW RETURN WITH MONEY ORDER OR CASHIER CHECK (**NO** PERSONAL CHECKS)

TO: P. Sanchez P. O. Box 22097 Albuquerque, New Mexico 87154.

NAME _____ AGE _____ SEX _____

Division(s): _____

2010 MID USA &/or 2010 NEW MEXICO: (Circle Contest(s))

Approximate Contest Weight _____ Height _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

E-Mail Address _____

PHONE (H) _____ (C) _____

GYM WHERE YOU TRAIN _____

#NPC Contest in which you have competed _____

OCCUPATION _____

In consideration of acceptance of this entry form and fee, I hereby waive and release all rights and claims for damages against the IFBB,NPC, Weider Corp.,Flex and Muscle & Fitness, Labrada Nutrition,Vyotech, Ultimate Nutrition, Met-Rx, all sponsors, The School of the Deaf, James A. Little Theatre, C. or P. Sanchez and their officials, agents, assigns, and associated bodies, by reason of injury or damages I might incur at or traveling to or from this competition. I further declare that all the information contained here is, to the best of knowledge, true, correct and complete. I agree to abide by all decisions of the NPC. The undersigned will comply with all rules and regulations of host hotel – Park Inn & Suites, including any rules or regulations prohibiting cooking or food preparation in the hotel rooms and any damages to the rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the IFBB, NPC, Weider, Flex and Muscle & Fitness, Labrade Nutrition, Vyotech, Ultimate Nutrition, Met-Rx, all sponsors and C. or P. Sanchez and their officials, agents, assigns, and associated bodies from and against any damages caused by the undersigned to the Park Inn & Suites or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the Park Inn & Suites, or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC. And in further consideration of permission being granted to me to participate in this event, I hereby grant you, C. & P.Sanchez, The 2010 NPC Mid-USA/New Mexico State Bodybuilding, Figure & Bikini Championships approved video or entertainment organizations, and all of their agents successors, licenses and assigns the right to photograph or to otherwise reproduce, (whether by film, tape, still photography, or otherwise) my voice, appearance and name and to exhibit, distribute, transmit and/or otherwise exploit any and all such reproductions containing my voice and/or appearance in any and all media, including without limitation , by means of still photography, motion pictures, radio, television, video, printing, internet or any other medium now known or hereafter devised, including also with respect to any merchandising, advertising and/or publicity, and the rights to use my name and information about me in any connection with any of the aforementioned media. The rights granted to me hereunder are granted for the entire universe and shall endure in perpetuity, and no further compensation shall be payable to me at any time in connection therewith.

Signed: _____

If 18 or younger, signature of parent/guardian: _____

Ticket Request Form

Please send me the following tickets for the evening performance:

_____ VIP \$35.00

_____ Reserved \$30.00

Total Enclosed \$ _____

Backstage Pass for Trainers:

Due to liability and limited backstage space, a limited number of BACKSTAGE TRAINER PASSES will be sold. Only one (1) Backstage Trainer pass will be allowed per competitor. Cost: \$65.00. You may purchase this by mail or at the check-in/weigh-in meeting Friday, August 21, 2010.

Prejudging Tickets:

\$25.00 general admission, available at the door or by Mail.

**MAIL THIS FORM WITH MONEY ORDER OR CASHIER CHECKS
(NO PERSONAL CHECKS) PAYABLE TO:**

P. SANCHEZ
P.O. BOX 22097
ALBUQUERQUE, NEW MEXICO 87154

Tickets may also be purchased in Person at:

Powerflex Gym
1635 Eubank NE
Albuquerque, New Mexico 87112
299-1454

